

## Summary of First Aid Requirements

Employers must provide first aid training and have first aid supplies at their workplaces. The number of first aid attendants needed, the extent of first aid training, as well as the amount and the type of first aid supplies required, depend on the following factors:

- The number of workers at the place of employment at any time
- The distance to a medical facility
- How hazardous the work is

\*Low hazard work is work of an administrative, professional or clerical nature that does not require substantial physical exertion or exposure to work processes, substances or other conditions that are potentially hazardous

\*Activities that constitute high hazard work:

- Building construction
- Drilling for gas, oil and minerals
- Service for gas and oil wells and power tong service
- Logging
- Sawmilling
- Iron and steel processing and fabrication
- Road construction, earthwork, tunnelling and trenching
- Local and provincial hauling and trucking
- Mining and smelting
- Exploration drilling, shaft sinking, quarrying and crushing of rocks
- Manufacturing of concrete block, brick, artificial stone and other clay and cement products
- Power line construction and maintenance

**See the chart below for summary of first aid requirements based on the above factors.**

Workers	Close (1/2 hour or less to medical facility)	Distant (1/2 – 2 hours to medical facility)	Isolated (more than 2 hours to medical facility)
1	Minimum	Minimum	Minimum
2-4	Minimum	Minimum plus – blankets, stretcher and splints Class A attendant and additional supplies - if high hazard work	Minimum plus - blankets, stretcher and splints - Class A attendant and additional supplies - if high hazard work
5-9	Minimum plus - Class A attendant and additional supplies – if high hazard work	Minimum plus - Class A attendant and additional supplies - blankets, stretcher and splints	Minimum plus - Class A attendant and additional supplies - blankets, stretcher and splints
10-20	Minimum plus - Class A attendant and additional supplies	Minimum plus - Class A attendant and additional supplies • blankets, stretcher and splints	Minimum plus - Class A attendant and additional supplies • blankets, stretcher and splints
21-40	Minimum plus - Class A attendant and additional supplies	Minimum plus • Class A attendant and additional supplies • blankets, stretcher and splints	Minimum plus • Class B attendant and additional supplies - if high hazard work <sup>2</sup> • Class A attendant and additional supplies if not high hazard work • blankets, stretcher and splints
41-99	Minimum plus • Class A attendant and additional supplies	Minimum plus • Class B attendant and additional supplies - if high hazard work <sup>2</sup> • Class A attendant and additional supplies for	Minimum plus • Class A attendant and additional supplies - if low hazard work <sup>3</sup> • EMT - if high hazard work <sup>2</sup> • Class B

		other work • blankets, stretcher and splints	attendant and additional supplies for other work • blankets, stretcher and splints
100+	Minimum plus • 2 Class A attendants and additional supplies	Minimum plus • first aid room • 1 EMT and 1 Class B attendant and additional supplies - if high hazard work <sup>2</sup> • 2 Class A attendants and additional supplies for other work • blankets, stretcher and splints	Minimum plus • first aid room • 1 EMT and 1 Class B attendant and additional supplies – if high hazard work <sup>2</sup> • 2 Class A attendants and additional supplies for low hazard work <sup>3</sup> • 2 Class B attendants and additional supplies for other work • blankets, stretcher and splints

# First Aid Poster

Company Name: \_\_\_\_\_

Company Address: \_\_\_\_\_

Qualified First Aiders: \_\_\_\_\_

Location of First Aiders: \_\_\_\_\_

## Emergency calls: 911

- Ambulance: \_\_\_\_\_
- Police: \_\_\_\_\_
- Fire-fighters: \_\_\_\_\_
- Hospital: \_\_\_\_\_
- Clinic: \_\_\_\_\_
- Electricity: \_\_\_\_\_
- Environment: \_\_\_\_\_
- Poison control centre: \_\_\_\_\_
- WSIB/WCB: \_\_\_\_\_

Any person with a serious health problem (eg., allergies) must inform a First Aider.